

CLARKE COURIER

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Clarke College, Dubuque, Iowa

November 11, 1985

CE council addresses student needs

by Kathy Scherrman

"Age is not important unless you're a cheese," proclaims the coffee cup of Norm Smith, president of the continuing education council.

"Continuing education is not an age," he comments, "it's an attitude." Age is one stereotype that the CE council is trying to abolish.

The CE council is made up of five faculty members and two students. Its purpose is to address the needs of CE students and to help and support them.

One of the main things the group stresses is that there is no difference between traditional and non-traditional age students. "Age doesn't separate," said council member Marge Buhr. "It just gives different dimensions."

"We are over-achievers," said Smith. "We come back to school with a purpose in mind. We're better motivated to study."

Adult students have a harder adjustment when they return to school.

They not only bring themselves back, but they bring their families, their work and their problems back too. In dealing with these problems they turn to the CE lounge as a refuge.

"It's like AA (Alcoholic's Anonymous)," said student William Apel. "We all have a common goal; we support and share with each other."

The people who use the lounge are friends. They counsel each other and help each other with scheduling of classes and with classes themselves.

"If you need help in a class, or just want someone to talk to, there's always someone here," Smith remarked. But the CE lounge is not only for CE's, but for all students.

"We don't mean to scare anybody away," commented Smith. "The sign on the door, 'Home of the Coffee Achievers,' doesn't mean anything." However, "the coffee is always on in here," added Smith. "Only 25 cents a cup."

Although the students who use the lounge sometimes get into heated discussions, the topics they talk about never leave the room. "We don't carry other people's problems with us," said Smith.

With over one-third of Clarke's student population being non-traditional age students, the CE's themselves are the best recruiters Clarke has. "Whenever I can I tell people I'm a student here," said Smith. "Clarke treats CE's better than other area schools."

That doesn't mean they "butter up" to the instructors though. Adult students have been out in the "real world" and have come back to school for a specific reason.

"We want to do better than expected," commented an unidentified CE. "But we don't want to be treated differently."

"We aren't different," said Smith. "We have fun, but we take school seriously."



During the Circle K sponsored BINGO game on Nov. 5 at Stonehill Care Center, Nancy Knipper and Innocence Stephen, a resident of Stonehill, study their cards in hopes of a win. Circle K plays BINGO with the elderly on the first Tuesday of every month. (photo by Sue Dixon)

New singles' group formed at Clarke

by Cathy Becker

"Continuing Education students comprise approximately one-third of Clarke's population," said Inga Schilling, coordinator of adult services. "The number of full-time students has grown from last year."

Mary Rogers, a CE student in her third year, had always regretted not going on with her education after high school. She had decided that she would work for one year after high school to save money for college, but during that time she met and married her husband. "I felt I didn't need a college education if I was just going to stay home to raise children," said Rogers.

As is the case with many CE students, divorce prompted Rogers to return to school in order to get a job that would be fulfilling and would pay enough to support a family. "The logical part of me was very interested in the computer science program at

Clarke," she said.

When asked why she chose Clarke to continue her education she said, "I grew up in this neighborhood. When I was a little girl I would walk by and wonder what was in all those big buildings. It just looked very inviting."

"There used to be a grotto in back of the campus and I would go there to play. I wasn't supposed to be there, but no one ever told me to leave. The nuns always just walked by and smiled. I figured now was my chance to finally be a part of Clarke."

Rogers and a fellow CE student, Ann McClain, are organizing a singles group with S. Mary Ann Zollmann as sponsor. "Our society is geared for couples. There needs to be some place a single person can go without feeling the need to be with someone or feeling strange for not being with someone," explained Rogers.

The group had an organizational meeting on Nov. 1 and ten people attended.

"We began the group with the idea of having it only for CE students, but at the first meeting we decided to extend it to include any singles or persons in transition on the faculty or traditional students who have non-traditional lifestyles, such as raising a child," said McClain.

"Rather than having a set meeting time, we've decided to be flexible and vary the times. We will sometimes just have discussions and sometimes have outings with our kids."

The group is planning another meeting either on Nov. 22 or 24. If you wish to attend or would like more information, you may call Rogers at 582-7929 or McClain at 556-8127.

Activities being planned are a trip to the Minneapolis zoo, a ski outing and a camping trip.

Critics review 'Taming'

by John Kemp

Following the Oct. 19 performance of "The Taming of the Shrew," S. Carol Blitgen, director, and the cast listened to remarks from critics Bob Hedley and David Schaal.

Hedley, chair of the theatre department at The University of Iowa, said the play had an excellent cast and was well presented. In his critique, Hedley wrote, "whether through wonderful choices or terrific coaching, S. Carol had an excellent cast for this play. I thought Tim Porter was one of the best Petruchios I have seen. He was vigorous, playful, bright and finally warm."

Hedley believed that Blitgen made some "conscious choices" in casting and the story she told was specific. "Your handling of Kate and Petruchio was masterful. These scenes played very well. You chose a bawdy version of their courtship and it appeared that the audience loved it," said Hedley.

While Hedley commented on the assets of the production, he did feel that there were some minor problems that could have easily been solved.

Hedley said the switching of the master's and servant's clothes, the disguises, the possible changes for the wedding scene and the time passages presented some costume problems in the play. He did feel that the costume design was "realistic and used in the traditional manner."

David Schaal, professor emeritus of theatre arts at the University of Iowa, agreed with Hedley and said the performances of Monica Lyons and Tim Porter were one of the many keys to the success of the play.

"There is no way way a production of this play can succeed without good people in those two roles and Clarke had them. Lyons and Porter powered the show from beginning to end. As soon as they came onstage we knew we were in good hands; we could relax and enjoy ourselves," he said.

Schaal perceived the production as being very "stylized." He saw this in the way that much of the farce business was handled, such as

knockdowns and falls, in the shape of the movements and in the energy involved in the action.

"The action was occasionally frozen in certain areas of the stage while it continued in others; this was a very effective device for creating focus and emphasis," he said.

Although Schaal believed the play was fascinating, he did have some disagreements with the way the costuming was handled for the wedding scene.

"I did not find significant enough changes in the costumes to project a sense of the occasion; it's a big occasion," he said.

After viewing the production, Hedley said that he was never bored watching the play. "All in all, we felt we were in very good hands throughout the play."

Lecture to be given

by Donna Frommelt

S. Frances Aid will describe the employment and living situation of the migrant worker in a presentation for the public Nov. 14, at 7 p.m., in room 109 C.B.H.

Aid, associate professor of Spanish at Clarke, spent the summer working with the Migrant Ministry program of the diocese of Raleigh, N.C. The goal of the program, Aid said, was to get to know the migrant workers and to spend time with them. Aid, along with nine other volunteers, tried to call the migrants together so they could get to know each other, because they are isolated from one another.

The program was also responsible for facilitating emergency aid for the workers, including clothing, food and medical or legal attention.

In her presentation, Aid will describe the poor living and working conditions of the migrant worker. "Most of us have no idea what goes on or how our food gets to the supermarket," Aid said. She will speak on her experience with the migrants and will illustrate the situation with a color slide show.

Communication applied to law enforcement

by Marie Rank

"An internship that I had last summer deterred me from making a big mistake. It showed me how I can use my major in the law enforcement field," said Kathy Scherrman, a sophomore communication major. She is planning to use her degree in a different way than the "typical" communication major.

For four years, Scherrman has been involved with a division of the Boy Scouts of America, called Exploring. It is career advocacy for both sexes from the ages 14-21. Between this and her internship last summer at the Dyersville Commercial, Scherrman has received practical experience in her career fields.

As a news intern, Scherrman did beat and feature reporting on people of the Dyersville area.

"Writing is still a part of me, I'm not going to give it up. Ideally, I'd like to be involved in public relations, law enforcement and be a writer."

Scherrman stresses how important it is to have good communication skills. "You have to be able to communicate with people, especially when you're a cop and in a tough situation."

Scherrman enjoys "dealing with people on a day-to-day basis." The communication major has allowed Scherrman to "relate with people by talking with them and keeping con-

trol of the situations in the field."

Through Exploring, Scherrman has had the opportunity to learn standard first aid and CPR. She has also been involved in mock officer situations and pistol competitions.

Scherrman rides with the sheriff's deputies on routine patrol. "I work the radio and perform other duties with the deputy that would not put me in excessive danger," she said.

She also works traffic control at accidents and at Serious Traffic Offender Program roadblocks (STOP). STOP is a state program in which roadblocks are established to capture drunk drivers and perform routine vehicle inspections.

Scherrman will be writing for quite awhile, thanks to her internship last summer. "I'm still in it today because it had such a positive effect on my life."



Kathy Scherrman practices her writing skills while working in Clarke's public relations office. (photo by Mark DeCrane)

Clarke volleyball ends another season

by Sue Briggs
Wednesday, Oct. 30, marked the end of another season of volleyball. They ended with a record of 9 wins, 22 losses.

The games against Highland, Augustana were played at Duquesne Senior High School, where the Cougars of Highland, 15-2-16-14.

Kathy Shank showed her strength in 18 out of 23 spikes, driving the ball into the opponents' court.

Senior Sara Oliver and freshman Brenda Duster had 100 percent serves. Oliver was successful with 3 of her 44 sets.

Volleyball action against Augustana resulted in a defeat for Clarke, as the Vikings went home with wins of 15-12 and 15-10.

Despite the loss, our own players kept the ball alive. Tammy Duehr had a 95 percent on sets and 88 percent on her spikes. Oliver hit the ball over the net 30 out of 35 attempts perfect record on her spikes.

Other impressive Crusader players were seen in the powerful spikes of aces of Shank and Kramer, and the 100 percent serving strength of Brenda Ries.

In honor of parents and in recognition of the close of the volleyball season, members received a rose.

Special acknowledgement went to seniors, Kramer and Oliver, who finished their volleyball careers at Clarke.

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play continues

Divisions and their present records

| | |
|-----------------|-----|
| American | 1-0 |
| The Avengers | 0-1 |
| Brew Crew | 0-1 |
| Duckies I | 1-0 |
| Unflinchables I | 0-1 |
| Transmyst | 1-0 |
| Sweetness | 1-0 |

| | |
|------------------|-----|
| National | 1-0 |
| Purple Doom | 0-0 |
| The Killers | 0-0 |
| Duckies II | 0-1 |
| Unflinchables II | 1-0 |
| The Fitz | 0-1 |
| The Blast | 0-1 |

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Editor's Comment



by Rosemary Grimm

I believe it is time for a Be Patient With a Senior Week. If one or more of your friends is a senior in college, you may have noticed a restless, I-don't-care attitude about them. You might want to sit them down, shake them and say, "What is the problem?"

If a senior week were declared, seniors could have any attitude they wanted without parents, teachers and friends worrying. Seniors would have seven days to leave class with no apparent reason, to watch anything and everything on T.V. and to think without interruption.

There is something about this time of year that makes a senior restless and in need of a Patience Week. He or she has just realized that, with midterms over, there are only three-fourths of a year left until graduation.

Believe me, the thought shakes them up a bit and causes them to become anti-social at times. They'll work it out, however. They just have to realize that they aren't the first to graduate and they won't be the last.

This column does not pertain, however, to the seniors graduating

in December, they are a breed all their own. Those seniors went through this restless period at midterm last semester. Unfortunately, they forgot to tell the rest of the seniors what was in store.

They are now going through the Month Before Graduation. This is a month that the rest of the seniors can only look forward to or dread. But that is a whole other period in the life of a senior.

For now, one can only ask, "What brings on this rather peculiar feeling?" The answer is found back in the subconscious (Sigmund Freud would love this).

From the first day of freshman year all of us have worried and wondered about what we'd do after graduation. Throughout freshman year, however, we felt that our graduation day was so far in the future that we need not worry openly about the subject. We stored our worries in our subconscious.

Sophomore year came along and we had just gotten used to college. Why admit that we were worrying about leaving it? The worry in the subconscious grew.

During junior year we first are seized with a feeling of "what is life like after graduation?" When you are a junior, you are surrounded by seniors. Either you live with them in Mary Frances Hall or you take upper-division classes with them. Either way, a junior is exposed to all the triumphs and trials of a senior.

When I was a junior, I found myself worrying about my senior friends and their future jobs, marriages and careers. I had no time to worry about what I'd do when I became a senior, or so I thought. My subconscious worry grew a lot that year.

Now my friends and I are seniors and these subconscious feelings have all bubbled to the surface.

It is good to finally admit to oneself and one's friends that these feelings have been there all the time.

We reflect on that first day of freshman year and fully realize that we have been looking forward to this year and all its uncertain feelings.

There is a freedom in letting these subconscious worries come out in the open. Seniors no longer have to pretend that they've got their life planned. Others know who the seniors are and understand that they still may be shaky when it comes to plans for after May 1986.

These worries can get out of hand, however. While it is all right to worry about what a resume will say, it is not all right to worry about whether your homework will get done.

Of course it will get done. Haven't you been doing comparative papers, take-home tests, computer programs, care plans, lab reports, book reports and French and Spanish essays since freshman year? One way or another, haven't they all been completed? You know you will eventually do it, so don't worry about that.

Relieving yourself of these unnecessary worries will leave your brain free to worry about important subjects like where will you live next year and how will you buy a complete business wardrobe after graduation.

Yes, world, the people of the class of 1986 are seniors and we do worry. But with that worry comes a definite expectation of good things to come.

'To Live and Die in L.A.' is full of senseless violence



Welcome back to our space. This week we travel to an arbitrary hot-spot "To Live and Die in L.A." This film is brought to you by M.G.M. United Artists.

The film stars William Petersen, Willem Dafoe, John Pankow and Debra Feuer in the lead roles. "To Live and Die in L.A." is directed by William Friedkin and is from a script he co-wrote with James Palkeviech. This movie deals with a secret service agent's relentless pursuit for revenge of his slain partner.

The film is rated "R" for graphic sex and violence.

MIC:
I must say I'm somewhat tossed in writing a review for this movie. My obligation as a movie critic is to guide you toward quality movies. What makes a quality movie? Certainly not "To Live and Die in L.A." by any standards of artistic merit. And yet, I intend to see it again.

I'm drawn to this film for the same reason I was drawn to "Hill Street Blues" a few years back: candid realism.

Like "Hill Street's" J.D. Larew, the characters portrayed in "To Live and Die" are believable people with believable character flaws. For the most part, your average cast of characters is doctored in such a way that the hero is righteous or at least is fighting for a good cause. The villain, of course, is down-right evil. In this movie, it was exciting for me to see the good guy make a terrible mistake (don't we all?). And though we'd like to see it otherwise, evil doesn't necessarily lose.

The violence is graphic and shocking and may be overwhelming at times, but under the circumstances, it is acceptable. Again, it was used with a realistic edge. The movie succeeds in shocking us because these scenes are strategically placed.

What intrigued me the most were the final scenes. For once, the truly unexpected happens. There's no sugar coating to help it go down, and that's life. The movie's outcome shocked me with its realism. How exciting for a movie to genuinely unriver me from my seat.

"To Live and Die in L.A." did not display the best of acting but it was far from the worst. With music from such groups as Wang Chung, the

movie had a "Miami Vice" feel to it. I like that feel.

If you like music-controlled action polished off with a jolt, there's no doubt in my mind that you'll enjoy this film. The movie is worth \$4 and a second look.

FIELD:
My opinion of this week's film hinges on a number of questions. How much senseless violence can a person take in 2 1/2 hours? Is it necessary to have a protagonist in a film? Would a 2 1/2 hour segment of "Miami Vice," devoid of plot and character, be worth watching?

If your answers to these questions are "very little," "yes" and "no," then your tastes are like mine and you would detest "To Live and Die in L.A."

This film was full of problems. The plot was extremely cluttered. Characters were brought into the story, taken out and brought back again constantly.

The acting was, at best, mediocre. For the first half of the movie, I had difficulty telling the two main characters apart. That says something about the depth of character development in "To Live and Die."

There were two elements in the film that deserve a little credit. The chase scenes were magnificent. I have no idea how they created some of the stunts, but they were truly indicative of the talent that stunt drivers can achieve.

The other redeeming value in the movie was the music. I'm no big Wang Chung fan, but the music certainly helped this sad movie. It pulsed and rocked the stupid plot line along.

Overall, I would have to rank this as a movie with little value. If you are short on funds you may want to beg 99 cents from your roommate to see this. The true value in this movie is, after all, that you learn how to counterfeit money in the detailed scene showing pick masters at work. If you don't need to learn how to counterfeit, save your 99 cents.

BOTH:
Well, it's been a pleasure spouting our ignorance at you. Keep in mind that our space should in no way be a final judgement for viewing. Until next time, respect does not a good evening make.

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Improvements benefit school structure



Humorize

by Mary and Elle

Well... it's that time of year again. We're beginning to feel that bitter November chill in the air and each day the threat of snow haunts us. Waking up in the morning is the pits. Our alarm clocks have managed to survive several trips through the air in the early morning hours.

Getting ourselves out of bed is like removing burnt broccoli from the bottom of a pan...or worse yet, yester-

day's oatmeal! Even the smell of fresh coffee doesn't work anymore, mainly because neither of us get out of bed to make it!

The only thing that saves us is the horrible feeling we get when we realize we've only got two minutes to get dressed and get to school. If people saw us then, they'd think we were a movie in double speed! There's nothing like brushing your teeth while tying your shoes.

At least the first few weeks of school used to be fun because we were still "shopping" for classes and entertaining ourselves because we knew we'd drop them. It was kind of fun to get out of bed and go to school. We always knew we'd have a good time.

Well, we were mulling this over the other day and we came up with the most ingenious idea. Wouldn't it be fabulous if school were structured a little differently? A little more like... well... like a party? Yes, that's right, a real party!

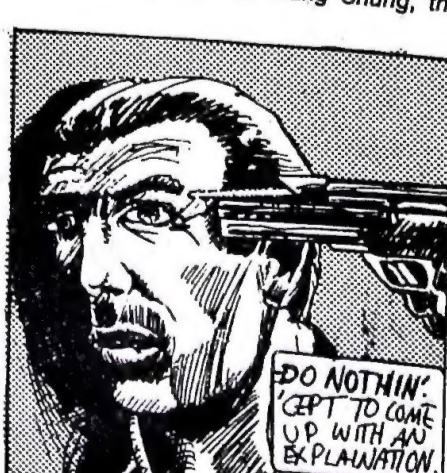
The halls should be decorated with colorful streamers, bright balloons and happy little messages, such as "You are a SMART STUDENT!!!" and "My, YOU look THIN today."

Wouldn't that be great? Water fountains could be changed to champagne fountains and hors d'oeuvres could be strategically placed in the halls, lounges and classrooms. School desks could be replaced by plush couches and coffee tables.

Everyday our teachers could bring in guest speakers such as George Carlin, Gallagher, Eddie Murphy, Billy Crystal, Cheech and Chong or Mary Carol Harris. The Union could feature entertainers like KISS, Tina Turner and Starship. And, best of all, homework could be a thing of the past.

Just imagine how much fun school would be if we were faced with these elaborate extras when we walked in the door! In fact, the extras could start before we got in the door. It could start with some bus boys parking our cars when we arrived, or better yet, limos could pick us up at home!

We realize this might be a little costly, but it would sure motivate students to come to school...and on time too. You know, we really should contact S. Catherine Dunn on this one. What a way to boost Clarke's morale.



Gallery 1550

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"We've... used four... walls," h... high scho... hibits as... Schlesi... hibits hel... onto the... hopefully... Clarke. It... to prese... profession... Many o... are jurie... "A jurie... pointed ju... an exhibit... are subm... highest q...

Gallery 1550 has gone... many changes and im... reception... Doug Schlesier... an art gallery... place for art majors to... work... 1550 was established... the art majors. After... the gallery serves the... community... he said.

There was no room to... and admire the works... also problems with van... near the dining room... contained vending... a room for the gallery... The Sept... Nancy Cr... entirely l... Guild.

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The other redeeming value in the movie was the music. I'm no big Wang Chung fan, but the music certainly helped this sad movie. It pulsed and rocked the stupid plot line along.

Overall, I would have to rank this as a movie with little value. If you are short on funds you may want to beg 99 cents from your roommate to see this. The true value in this movie is, after all, that you learn how to counterfeit money in the detailed scene showing pick masters at work. If you don't need to learn how to counterfeit, save your 99 cents.

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Gallery 1550 has seen many changes

by Rosemary Grimm

Clarke's Gallery 1550 has gone through many changes and improvements since its first reception and exhibit in 1978.

According to Doug Schlesier, director of the gallery, an art gallery is an ideal place for art majors to show their work.

"Gallery 1550 was established mainly to serve the art majors. After the art majors, the gallery serves the Clarke community and then the Dubuque community," he said.

Before 1978, art majors hung their work on the walls of the Mary Josita hallway leading to the sisters' dining room.

"That space was a tremendous drawback for students," said Schlesier. "There was no room to step back and admire the works."

There were also problems with vandalism and with glare from the sun. The art department asked for and received a room for the gallery located near the dining room. The room previously contained vending machines and a few tables. Schlesier said the room was in terrible condition and wasn't used much by the students. It was the perfect size, however, for an art gallery.

The college provided money to the art department for renovation of the room. Donated money helped pay for the gallery's carpet.

Gallery 1550 is run by Schlesier and assistant director Teri Peters, a senior art major. Peters is in charge of hiring receptionists for the gallery, sending out brochures about the present exhibits and putting up and taking down the shows.

"Although it is sometimes a lot of work, I enjoy working in the gallery. We have had many interesting art line and exhibits since I've been here," said Peters.

The art department meets at the beginning of the year to decide which artists will exhibit in the gallery.

"We hear of artists who might be interested in exhibiting at Gallery 1550 through friends, word-of-mouth or through the artists themselves," said Schlesier.

Art majors must also be included

in the year's exhibit schedule. A student who wants a Bachelor of Fine Arts degree must present a one person show. Seniors John Fillwalk, Mark Van Osdol and Teri Theis will have their shows second semester.

Bachelor of Arts students must complete a series of five or six compositions in their concentration. Their senior performance exhibits will also be held second semester.

Once a date is set for an artist's exhibit, the artist ships or personally delivers the artwork to the gallery.

"Once we get all the artwork," explained Peters, "we place everything on the floor and arrange the pieces until they look good." Everything is then nailed to the wall with cards providing information on each piece next to them.

"Some exhibits are easier to put up than others because sometimes the artists want to arrange the exhibit. All we have to do then is open the gallery and leave," said Peters.

The September quilting exhibit by Nancy Crow, for example, was hung entirely by the Women's Quilting Guild.

After the exhibit is hung, a reception is held to open the show.

"We usually try to have the artist present at that time," said Schlesier. "Everyone is welcome to meet the artist and preview the show."

Throughout the gallery's history there have been a wide variety of exhibits.

"We've had students who have used fountains, fish tanks and paper walls," he said. "We've also had high school students and faculty exhibits as well as juried exhibits."

Schlesier said the high school exhibits help bring high school students onto the Clarke campus, which hopefully gets them interested in Clarke. It also gives them a chance to present their works more professionally.

Many of the high school exhibits are juried exhibits.

"A juried exhibit means that an appointed judge selects works to go in an exhibit. A large number of works are submitted but only those of highest quality will eventually be

displayed," said Peters.

Schlesier said there is a space allocated for the art gallery inside the main entrance to the new buildings. The new room has more advantages for the art department.

"There will be double doors so we can have larger exhibits and an elevator that will help us bring exhibits more easily from the street to the gallery," he said.

For now Gallery 1550 is located near the dining room in Mary Jo. Hours are noon-5 p.m., Monday-Friday and 1-5 p.m., Saturday and Sunday.

Volunteer work can bring joy and fulfillment to students

A representative from the Volunteers in Diocesan Action (VIDA) program will be at Clarke on Nov. 15, to discuss ideas of service, volunteerism and specific needs of Southern Colorado and Northern New Mexico.

chosen profession can indeed bring joy and fulfillment.

consider bringing these gifts to a place and a people who are in need of what you have to offer.

In a time when our society stresses satisfaction through career advancement and professionalism, many college students do not even consider the possibility of joining a full-time service or "volunteer" organization.

Volunteer programs in the United States and abroad are designed to use the gifts of a few to meet the needs of many. Meeting the needs is often temporary, so as not to build a dependency in the needy community. The goal of many programs is to eventually replace a volunteer with a member of the community. Helping communities of people help themselves is a volunteer motto.

The people of Southern Colorado and Northern New Mexico are served by members of the VIDA program. The volunteers serve in youth ministry, parish work, teaching, health care and social work. Their ten month commitment is a promise to serve the people of Southern Colorado and Northern New Mexico in ways they know best.

But young people across the country are discovering that service, or "volunteer work" in or out of one's

If you have gifts to offer others, either in your chosen profession or in an outside area of interest, con-

Kelly Shuster, a graduate of Clarke, served in VIDA in 1983 as a teacher. Please plan to stop and talk with the VIDA representative.



On Oct. 31, the annual Seniors Haunted House was a howling success as the fourth floor of Mary Frances Hall was turned into the graveyard of Clarkies past. Ready to scare the brave victims are Teresa Muggli with Herman the axe murderer, Joni Wurzer with the baby ghost and Angela Stauder with her tombstone. Donna Heller practices her scare tactics. (photo by Sue Dixon)



As Lori Balek rises from her coffin, Renee Soto hides behind the curtains in anticipation of giving a good scare. Mary Cummings helps out with the raising of the dead. (photo by Sue Dixon)



Before the opening of the Haunted House, Monica Lyons turns Jeff Fitzpatrick into the ghoul of the evening. (photo by Sue Dixon)



Dubuque Currents

Paul Samuelson, the first American to win the Nobel Memorial Prize in Economic Science, will lecture on "The present State of Economic Science and its Likely Future" at the University of Dubuque on Nov. 11 at 8 p.m. in Blades Hall.

Samuelson is institute professor at the Massachusetts Institute of Technology and is co-author of the book "Economics," a college textbook of which over three million copies have been sold.

On Nov. 13, the literary program "Seasons in Life" will be presented at the Old Jail Gallery, located at 8th and Central, at 7 p.m.

The program focuses on passages in life as portrayed in literature.

For more information, contact the Gallery at 557-1851.

The Stradivari Quartet, which consists of faculty members from The University of Iowa, will perform in Loras' St. Joseph's Auditorium on Nov. 14 at 8 p.m.

Stradivari has performed more than 100 works, including all the quartets by Beethoven, Mozart and Bartok.

Its American repertoire includes works written especially for the group.

On Nov. 15, there will be a reading of poetry and short prose at the Old Jail Gallery at 8 p.m.

Extemporaneous readings of original work will be read. The event is sponsored by the Dubuque Writers Guild.

For more information call the Gallery at 557-1851.

Set aside time to pamper and reward yourself

By Marie Parthun

If all else fails pamper thyself. Why not? Most of us wait for someone to come up and offer to release us from those everyday headaches, but there's nothing to stop you from doing it yourself.

Personal Growth



Rewarding yourself is an essential part of happiness. People cannot live on their work alone.

How do we go about pampering ourselves? First, we have to learn to recognize the signs that tell us that it's high time we gave ourselves a little break.

You know you need to lay on your bed for a half hour with a hooded sweatshirt on (hood up) and stare at the ceiling when, after a hectic day, the adjustment company calls to tell you that they will take you to small claims court. Hang up on them, put your hood up and go to it.

After the half hour of laying there with the lights dimmed and your

mind floating somewhere in the room, you will be better equipped to deal with the situation. You don't have to do this particular pampering, however, if it makes you feel uncomfortable in any way.

Other soothing remedies you can do by yourself might include making cocoa (call it cocoa because it sounds more comforting than hot chocolate, which sounds harsh and abusive) and floating a pink marshmallow in it, or buying yourself a toy, like a martian puzzle or something that will preoccupy you mindlessly for awhile.

More remedies: run around the block a few times if you like to exercise, get your hair cut to give yourself a boost or even better, cut your own hair to give you more individual and interesting variations (i.e. the jagged look), or lock your door and dance to your favorite music when no one else is around.

The point of these self-relaxants is that they are soothing, private and enjoyable. It involves doing the unusual or spoiling yourself rotten. If your secret desire is to wrap yourself in warm blankets and watch TV all day long maybe you should do it one day.

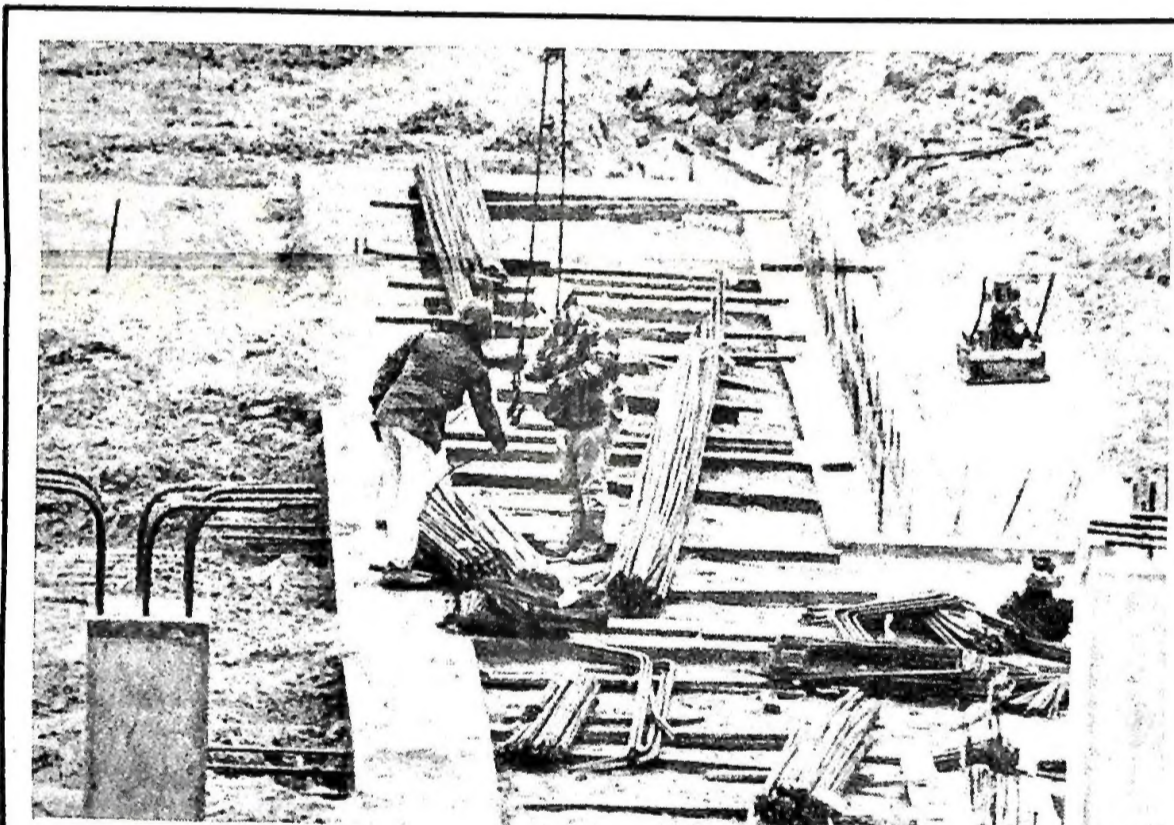
Change of routine that is purely selfish is something that many of us neglect. Since when have you done something just for you? Something that made you not care, for that time, what anyone else would think or determine because of it?

A frequent small reward is the best way to stay fresh and on top of your stresses. Many of us make the mistake of driving ourselves for days with no indulgence, in the hopes of reaping that one big reward.

A lot of times it never comes because we're so busy working that we fail to enjoy or recognize it when it does happen. Sacrifices upon sacrifices can only eventually weaken your efficiency and actually sabotage those same efforts.

You might claim that you have no spare time to devote to yourself. What I am suggesting is that you create a certain amount of spare time, whether it be every week or every day. Do whatever you want in that time, as long as it is beneficial to you and you alone (and of course if it doesn't harm someone else.)

In the long run, this small amount of time will increase your capacity for dealing with stress.



As a crane lowers cables to the ground, two Conlon Construction workers prepare to use them in the cement of the newly poured foundation of Clarke's "replacement facilities." (photo by Mark DeCrane)

Most of our days are filled with the same old challenges, criticisms and demands upon our energy. Save a little of that energy and self-direct it for a mindless purpose at least once this week. Then try it again; chances are you'll get hooked.

The Personal Growth Center has materials on relaxation techniques for student use. The center is located in Room 118 Mary Josita Hall. Hours are 11 a.m.-5 p.m. Monday, Tuesday and Thursday.

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The Avengers and Purple Doom lead their divisions

Intramurals

Flag Football

The team with the best record in each division will play in the Super-bowl. If there is a tie, there will be a playoff game on Monday, Nov. 18.

Divisions and their present records:

| American | W | L | T |
|----------------|---|---|---|
| The Avengers | 4 | 0 | 0 |
| Unflushables I | 1 | 0 | 0 |
| Sweetness | 1 | 0 | 0 |
| Brew Crew | 0 | 1 | 1 |
| Teensy Flys | 0 | 2 | 0 |
| Duckies I | 0 | 2 | 0 |

| National | W | L | T |
|-----------------|---|---|---|
| Purple Doom | 3 | 1 | 0 |
| Unflushables II | 2 | 1 | 0 |
| Duckies II | 1 | 0 | 1 |
| The Fitz | 1 | 1 | 0 |
| The Killers | 0 | 1 | 0 |
| The Blast | 0 | 2 | 0 |

Last week's game:
★ Duckies II over Blast-49-7
★ Avengers beat Purple Doom-21-14
★ Unflushables II over Duckies I-by forfeit
★ Purple Doom over Killers-56-14
★ Duckies II tied with Brew Crew
★ Unflushables II over Teensyflys-56-14
★ The Avengers killed the Fitz-49-0
★ Purple Doom and Avengers won by forfeit

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THAT WAS THEN THIS IS NOW PG-13

Program starts at 1:30, 4:15, 7:10, & 9:35

To Live and Die in L.A. R

Starts at 1:25 4:05 7:05 & 9:30

Sweet Dreams PG-13

Jessica Lange - Ed Harris
The Patsy Cline Story

DAILY AT 1:25 4:05 7:00 & 9:20
BACK TO THE FUTURE PG

Michael J. Fox

Starts Nov. 8, 1:05 3:10 5:15 7:15 9:20
STUNG PG-13
BRING ON THE NIGHT

Starts Fri, Nov. 8
1:20 4:00 6:55 & 9:15

Gene Hackman Matt Dillon
TARGET R

Starts at 1:25 4:10 7:00 & 9:30

A Murder. A Mystery

Glenn Close Jeff Bridges
Peter Coyote

Program starts at 1:10, 3:15, 5:20, 7:25 & 9:20

Charles Bronson R
DEATH WISH 3

Guest artist design
for Clarke's next dr

John Kemp
With less than two weeks of
rehearsals remaining and the cast
preparing for opening night of "The
Diviners," Penny Koob is busy put-
ting the final touches on the
costumes.
Koob, a guest artist in the theater
department, is responsible for
designing the 11 costumes to be
worn in the play. The costumes are
from the 1930's and are styled after
southern Indiana residents.
Koob, who lives in Terre Haute,
Ind., has been interested in costume
design since childhood. "I used to
always sew with my mother and it's
something I've been doing ever
since."
She attended Indiana University
where she earned her bachelor of
arts degree in theater arts with a
primary focus in acting and directing.
In 1984, Koob earned her master of
arts degree from Indiana State
University.
Koob's primary design concentra-
tion is turn-of-the-century with a
secondary concentration in 20th cen-
tury design. From 1978 to 1984,
Koob designed a number of
costumes for production at St. Mary
of the Woods College (SMWC) in
Terre Haute, Ind.
While at SMWC Koob taught
theater courses, directed college pro-
ductions and kept busy creating
costumes for more than 10 produc-
tions. Some of the plays she worked
on include: "Blithe Spirit,"
"Children," "The Good Doctor" and
"Miracle Worker."
Koob was costume designer for all
stage productions as well as
supervisor for student costume pro-
ductions. She taught costume pro-
duction, construction classes and
make-up classes.
Koob feels there are many rewards
in being a costume designer. "An actor
takes control of the production, but a
costume designer creates the ideas
for the approval of the director," said
Koob.
Costume designing is not the on-
ly talent that Koob possesses. She
has acted in more than 40 produc-
tions. She has directed more than 20
plays. Koob has worked all over the
country in her opinion, "it's a liv-
ing and breathing work in a liv-
ing and breathing theater."
Koob is currently working on a cos-
tume for "The Diviners" and is
planning to do in order.

During the Nov. 12 library book sale
through the tables set up in the
Robertson library director, about 2,000
books for sale. The volumes for sale were
the library had received through dona-